

Consent is...

Free and voluntary

Without pressure, coercion or harm. Making decisions because you want to.

Informed and specific

Understanding what is happening and what is being agreed to. Every time for every thing.

Coherent

Awake and with capacity to understand and consent.

Mutual

A shared process and having an equal say.

Reversible

Can be withdrawn at any point for any reason.

Certain and clear

Confident, affirmative 'yes'. Paying attention to verbal and non verbal communication.



WOMEN'S HEALTH
IN THE NORTH
voice • choice • power



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